

For Immediate Release: June 26, 2023

Contact: Kristi Klicko, MEI Director of Operations

Phone: 608-833-8033

klicko@mei.org

Medical Education Institute Receives 2023 Digital Health Awards

Madison, Wisconsin — The non-profit Medical Education Institute (MEI) is pleased to announce the receipt of two 2023 Digital Health Awards, which honor the world's best digital health resources:

- [My Kidney Life Plan](#) is an evidence-based decision aid for people who need to choose between dialysis, a kidney transplant, or comfort care. Users select their most important values and see how each value would be affected by each option. Results can be printed or emailed to the healthcare team to begin a shared decision-making conversation. *My Kidney Life Plan* won a Merit Award in the **Web-based Resource/Tool** category.
- [Ready-Set-Home eClasses](#) on [Home Dialysis Central](#) are Smartphone-friendly, free courses for those looking to learn about an array of subjects from *Dialysis 101* and *Feelings, Coping, and Relationships*, to traveling on home dialysis. The classes, available in English and Spanish, received a Merit Award in the **Mobile Website** category.

MEI Executive Director, Dori Schatell, MS, says, *"We are very proud of our latest resources and happy to see them receive this recognition. My Kidney Life Plan is a life-changing resource for patients. One size does NOT fit all and people who are approaching or have kidney failure have the right to know about **all** of their options, so they can make informed decisions that best fit their lives. Our Ready Set Home eClasses aim to engage people where they are—which is usually on their phones! Whether they have a few minutes in the grocery line or longer at home, they can get great information they can trust."*

About MEI: Founded by the wife of a home dialysis patient, [MEI](#) is a 30-year old national 501(c)(3) non-profit organization dedicated to helping people with chronic diseases learn to manage and improve their health. MEI fulfills its mission by conducting research, developing evidence-based educational materials for consumers and health professionals, and advocating for patient-centered policies. MEI is funded through product sales, corporate sponsorships, fee-for-service contracts, and donations. [Make a tax-deductible donation today!](#)

###

About MEDICAL EDUCATION INSTITUTE
Watch a short video to learn about our work.

